

Morning Break

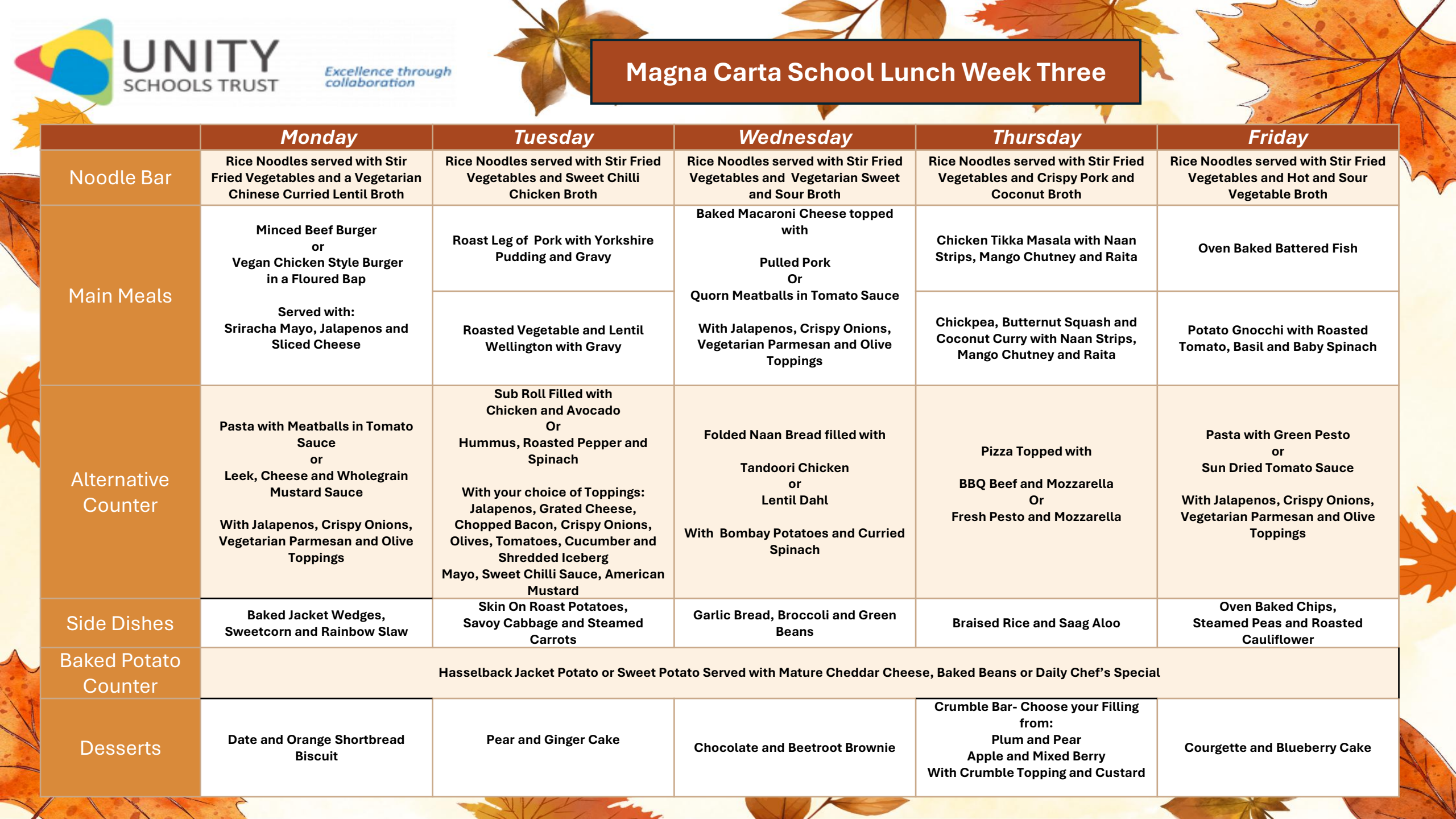
	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Brunch	Stuffed Croissants with Scrambled Egg and Tomato	Breakfast Burrito Spinach Tortilla, stuffed with Scrambled Egg, Hash Brown and Tomato	Jacket Skins Stuffed with Cheese, Tomato and Spring Onion	Sausage/ Vegetarian Sausage, Hash Brown and Baked Beans	Homemade Pancakes with Honey Yogurt and Berry Compote
Savoury	Pizza Bagels Half Multigrain Bagel topped with Tomato, Basil and Mozzarella Or Pepperoni, Basil and Mozzarella	Homemade Savoury Muffin with Sundried Tomato, Basil and Mozzarella	Sweet Chilli Chicken, Mixed Leaves and Monterrey Jack Cheese in a Brioche Bun Or Halloumi, Mixed Leaves and Salsa in a Brioche Bun	Doorstop Bloomer Bread Topped With: Buffalo Mozzarella, Tomato and Fresh Basil	BBQ Chicken and Mixed Leaves In a Spinach Tortilla Wrap Or Feta, Spinach and Pesto in a Spinach Tortilla Wrap
Yogurt and Fruit Bar	Greek Yogurt with a selection of Chopped Fruit, Seeds, Granola and Mixed Berry Compote				
Homemade Half Sugar Sweet Bake	Date and Orange Flapjack	Mixed Berry Muffin	Carrot Cake Cookies	Lemon and Blueberry Muffin	Wholewheat Strawberry Muffin
Sandwiches, Salad and Pasta Pots	Daily Selection of Sandwiches, Salad Pots and Pasta Pots Available Throughout the Day				
Daily Smoothie	Homemade Fresh Fruit Smoothie of the Day				

Magna Carta School Lunch Week One

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Noodle Bar	Rice Noodles served with Stir fried Vegetables and Vegetarian Soy Broth	Rice Noodles served with Stir fried Vegetables and Vegetarian Sweet and Sour Broth	Rice Noodles served with Stir fried Vegetables and Honey and Ginger Chicken Broth	Rice Noodles served with Stir fried Vegetables and Spicy Vegetarian Broth	Rice Noodles served with Stir fried Vegetables and Sweet Chilli Pork Broth
Main Meals	Cumberland Pork Sausages Or Vegan Sausages With Sauteed Onions and Gravy	Chicken Katsu Curry	Slow Roast Pork Bap with Apple Sauce and Stuffing	Minced Beef, Tomato and Basil Lasagne	Spiced Cod Goujons served with Tomato Tortilla Wrap and Tomato Salsa
		Sweet Potato and Butterbean Chilli with Salsa and Tortilla Chips	BBQ Pulled Jackfruit Bap with Monterey Jack Cheese, Jalapenos and Pickled Slaw	Tomato and Basil Risotto with Vegetarian Parmesan Breadcrumb	Roasted Pepper and Cherry Tomato Frittata with Salsa
Alternative Counter	Pasta with Arrabbiata Sauce Or Chicken and Pesto With Jalapenos, Crispy Onions, Vegetarian Parmesan and Olive Toppings	Pizza Slice Topped with Pepperoni and Mozzarella Or Classic Margherita	Pasta with Red Pesto or Tomato and Basil Sauce With Jalapenos, Crispy Onions, Vegetarian Parmesan and Olive Toppings	Spiced Pork Gyros Or Griddled Halloumi Gyros with Baby Tomatoes, Gem Lettuce Leaves and Tzatziki, and Dressed New Potato Salad	Sub Roll Filled with BBQ Roast Chicken or Falafel and Tzatziki With your choice of Toppings: Jalapenos, Grated Cheese, Crispy Onions, Tomatoes, Cucumber and Shredded Iceberg Mayo, Sweet Chilli Sauce, American Mustard
Side Dishes	Mashed Potato, Green Beans and Steamed Carrots	Braised Rice and Pickled Vegetable Salad	Skin On Roasted Potatoes and Cauliflower Cheese	Garlic Bread, Roasted Tomatoes and Broccoli	Oven Baked Chips, Steamed Vegetable Medley
Baked Potato Counter	Hasselback Jacket Potato or Sweet Potato Served with Mature Cheddar Cheese, Baked Beans or Daily Chef's Special				
Desserts	Mixed Berry and Apricot Traybake	Banana Bread	Cranberry and Orange Oat Cookies	Crumble Bar- Choose your Filling from: Rhubarb and Mixed Berry Apple and Cinnamon With Crumble Topping and Custard	Chocolate and Vanilla Marble Cake

Magna Carta School Lunch Week Two

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Noodle Bar	Rice Noodles served with Stir Fried Vegetables and Vegetarian Hot and Sour Broth	Rice Noodles served with Stir Fried Vegetables, Lemongrass and Coriander Chicken Broth	Rice Noodles served with Stir Fried Vegetables and Vegetarian Sweet and Sour Broth	Rice Noodles served with Stir Fried Vegetables and Sweet Chilli Beef Broth	Rice Noodles served with Stir Fried Vegetables and Vegetarian Lime, Ginger and Chilli Broth
Main Meals	Tortilla Wrap Filled with: Soured Cream, Salsa, Guacamole, Grated Cheese, Rice and Minced Beef Chilli Or Mixed Bean Chilli	Roast Turkey Breast with Gravy and Yorkshire Puddings	Spaghetti Pasta with:	Chicken and Coconut Curry with Mango Chutney and Naan Strips	Fish Finger Bap with Tartare Sauce and Tomato Salsa
		Individual Feta Cheese, Butternut Squash and Courgette Wellington	Minced Beef Bolognese or Slow Roasted Tomato and Lentil Sauce	Spiced Halloumi, Courgette and Tomato Masala	Toasted Pitta Pocket, filled with Lime and Coriander Quorn and Roasted Vegetables with Tomato Salsa
Alternative Counter	Penne Pasta with Bacon and Cheese Carbonara Sauce Or Tomato and Herb Sauce With Jalapenos, Crispy Onions, Vegetarian Parmesan and Olive Toppings	Pizza Slice Topped with Pesto Chicken and Mozzarella Or BBQ Quorn Pieces and Mozzarella	BBQ Chicken Breast Burger Or Halloumi and Sweet Potato Fajitas With Rainbow Coleslaw and Potato Salad	Sub Roll Filled with: Meatball Marinara Or Quorn Pieces and Mixed Pepper in BBQ Sauce With your choice of Toppings: Jalapenos, Grated Cheese, Chopped Bacon, Crispy Onions, Olives, Tomatoes, Cucumber and Shredded Iceberg Mayo, Sweet Chilli Sauce, American Mustard	Pasta with Chicken and Oregano Ragout Or Cheese and Chive Sauce With Jalapenos, Crispy Onions, Vegetarian Parmesan and Olive Toppings
Side Dishes	Roasted Vegetable Medley and Griddled Mini Corn Cobs	Skin on Roasted Potatoes, Glazed Carrots and Savoy Cabbage	Garlic Bread, Steamed Broccoli and Roasted Tomatoes	Steamed Rice, Turmeric Roasted Cauliflower and Spinach	Oven Baked Chips, Green Beans and Peas
Baked Potato Counter	Hasselback Jacket Potato or Sweet Potato Served with Mature Cheddar Cheese, Baked Beans or Daily Chef's Special				
Desserts	Spiced Apple and Pumpkin Cake	Jam and Coconut Sponge Cake	Carrot Cake with Orange and Cream Cheese Icing	Crumble Bar- Choose your Filling from: Spiced Apple and Sultana Pear and Ginger With Crumble Topping and Custard	Apple and Mixed Berry Sponge Cake



Magna Carta School Lunch Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Noodle Bar	Rice Noodles served with Stir Fried Vegetables and a Vegetarian Chinese Curried Lentil Broth	Rice Noodles served with Stir Fried Vegetables and Sweet Chilli Chicken Broth	Rice Noodles served with Stir Fried Vegetables and Vegetarian Sweet and Sour Broth	Rice Noodles served with Stir Fried Vegetables and Crispy Pork and Coconut Broth	Rice Noodles served with Stir Fried Vegetables and Hot and Sour Vegetable Broth
Main Meals	Minced Beef Burger or Vegan Chicken Style Burger in a Floured Bap Served with: Sriracha Mayo, Jalapenos and Sliced Cheese	Roast Leg of Pork with Yorkshire Pudding and Gravy	Baked Macaroni Cheese topped with Pulled Pork Or Quorn Meatballs in Tomato Sauce	Chicken Tikka Masala with Naan Strips, Mango Chutney and Raita	Oven Baked Battered Fish
		Roasted Vegetable and Lentil Wellington with Gravy	With Jalapenos, Crispy Onions, Vegetarian Parmesan and Olive Toppings	Chickpea, Butternut Squash and Coconut Curry with Naan Strips, Mango Chutney and Raita	Potato Gnocchi with Roasted Tomato, Basil and Baby Spinach
Alternative Counter	Pasta with Meatballs in Tomato Sauce or Leek, Cheese and Wholegrain Mustard Sauce With Jalapenos, Crispy Onions, Vegetarian Parmesan and Olive Toppings	Sub Roll Filled with Chicken and Avocado Or Hummus, Roasted Pepper and Spinach With your choice of Toppings: Jalapenos, Grated Cheese, Chopped Bacon, Crispy Onions, Olives, Tomatoes, Cucumber and Shredded Iceberg Mayo, Sweet Chilli Sauce, American Mustard	Folded Naan Bread filled with Tandoori Chicken or Lentil Dahl With Bombay Potatoes and Curried Spinach	Pizza Topped with BBQ Beef and Mozzarella Or Fresh Pesto and Mozzarella	Pasta with Green Pesto or Sun Dried Tomato Sauce With Jalapenos, Crispy Onions, Vegetarian Parmesan and Olive Toppings
Side Dishes	Baked Jacket Wedges, Sweetcorn and Rainbow Slaw	Skin On Roast Potatoes, Savoy Cabbage and Steamed Carrots	Garlic Bread, Broccoli and Green Beans	Braised Rice and Saag Aloo	Oven Baked Chips, Steamed Peas and Roasted Cauliflower
Baked Potato Counter	Hasselback Jacket Potato or Sweet Potato Served with Mature Cheddar Cheese, Baked Beans or Daily Chef's Special				
Desserts	Date and Orange Shortbread Biscuit	Pear and Ginger Cake	Chocolate and Beetroot Brownie	Crumble Bar- Choose your Filling from: Plum and Pear Apple and Mixed Berry With Crumble Topping and Custard	Courgette and Blueberry Cake